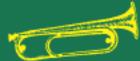


BUGLE





The best activities guide around!

OCTOBER 2005



5th Wild Animal Life PHOTO CONTEST





- Exhibition will be 19 October 1 November at the Camp Zama Community Club (CZCC).
- 1st, 2nd and 3rd place will be awarded.
- Winners will be awarded on 10 November at the Zama Arts & Crafts Center.

*For more information, please call 263-4412.



with the sidilities resonable assessmentates, and are beliefed in all commands recruition program planning, as appropriate for the activity. For further information, planns contact the activity.



Saturday, 22 October • 9 am - 5 pm Sunday, 23 October • 10 am - 4 pm

It's "Big-Time" shopping at the MWR
"Seoul Furniture Sale" located at
Camp Zama's Community Club (CZCC).
Check out the beautiful furniture from Korea.
It will be a "Shopping Frenzy"!



*For more information, please call Ms. Fujiko Komatsu, 263-4547



October 2005

TUESDAY WEDNESDAY THURSDAY **SUNDAY MONDAY FRIDAY SATURDAY** Nikko Excursion **UPCOMING EVENTS:** Tour

National Foundation Celebration Community Night - 18 November
Turkey Shoot - 19 November
Thanksgiving Buffet - 24 November National Foundation Celebrat Yokohama Chinatown Tour
 Scuba Diving Course ODR Payday Scramble - 4 November 2nd Annual Jimmie Coomer's Golf Tournament - 11 November Eda's Gourmet Dinner - 12 November Zama Čhristmas Tree Lighting - 30 November Newcomer's Orientation - 15 November **Rock Climbing and Camping** Community Action Council - 15 November Overnigt ODR' King of the Hill Tournament · Breast Feeding • Mt. Hasuge Hike · Hip to be Fit 5 YS Sports Support Group Meeting and BBQ Bowling Tour Payday Zama Trojans Run Soldier Show • Tokyo by • "Paintball" Scramble Yano Fitness Mongolian BBQ Wild vs Yokota · Ladies Day Mechanics Club Dáy CZGC Yokosuka Center
• Ekiden (Yokosuka) ČZCC Auto Craft **Panthers** Tour • Family Night Dinner ZHS · Hip to be Fit Program · Abratsubo Marine Park Depot CZČC Tour Zama CDC Tour • Hida Takayama Autumn Festival · Sponsorship • Zama Trojans Run · Men's Breakfast 10 11 12 13 15 Wild vs Kinnick Red Training Fellowship Devils • Deployment Readiness Kawagoe CZGC **COLUMBUS DAY** · Family Night Dinner Mongolian BBQ • Boss Day • Parents
Luncheon Night Out
CZCC SHA CDC Catholic Mass Picnic • Deep Sea Festival Support Group Meeting **Dewey Park** CZCC • Surfing Free Time at Fishing Tour Kabuki-Za Lessons for Tama Hills Zama CDC PAC Tour Nichibei Friendship Golf • SHA CDC PAC Community Night Theatre Beginners Racquetball Tournament Tour Meetina Tournament Meeting Tour CZGC Sports • Train Class Part I 16 • Hakone Yunessan Train Class Part II • Zama Trojans Run Wild vs ASIJ Mustangs 18 19 • Family Night ACS ACS Hot Spa • Seoul Furniture Sale • Mongolian BBQ • Shopping on the Economy ACS "Sixth Grade Happening" VS · Field Trip to Atsugi Dinner Tour • No Tap Tournament **English Teachers Network** CZCC (MÓPS) CZCC ČZCC Meeting Chapel Bowling Zama Open ACS Newcomer's Medical Morning • Enoshima Autumn **Developmetal Skills** CZGC · Ladies Day Mechanics Orientation and Community Tour Festival Ċlass Community Club "Middle School Homecoming ACS CCC ACS Tour Auto Craft Day YS • Seoul Furniture · Xtreme Bowling 25 26 27 28 Sale Party Community Halloween Haunted • Doubles Tennis "Red Spirit CZCC House -Sports • Kyoto
Overnight Information Exchange Zama Open Hallelujah · Family Night Dinner "Baby Love Seminar" CCC ACS Party Halloween in Halloween CZČC ACS Zama Chape "Parenting Tour Mongolian BBQ "Tokyo Comedy Roppongi • Rock Climbing Tour for Beginners Screamfest Store" Show ČZCC CZCC for Beginners ODR Workshop Tour 30





The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and

are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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THIS MONTH'S COVER

Last month, Camp Zama was fortunate to have a visit by the Harlem Globetrotters who played an exhibition game for the Zama community at the Yano Fitness Center. Their skill and comical antics were very much enjoyed. Our October cover shows Harlem Globetrotter Kevin "Special K" Daley autographing a shirt for 12 year old Xavier Baldwin, son of SSG Betty Johnson who lives at the Sagamihara Housing Area. In the past, other renowned sports groups who have volunteered to also spend time at Camp Zama to enrich and enhance our fine sports program have been the N.Y. Yankees, the Cubs, the Harlem Magicians, the Harlem Ambassadors, the Kansas City Chiefs, the Baltimore Colts and cheerleaders, the Atlanta Falcons and cheerleaders, and cheerleaders from the Washington Redskins, the Dallas Cowboys, and Miami Dolphins. We thank them all for their thoughtful contribution of bringing a touch of home to us.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.



■ Auto Craft Shop • 263-3615

HOURS OF OPERATION:

Monday and Tuesday - CLOSED Wednesday - Friday 1 - 9 pm Saturday - Sunday 10 am - 6 pm

PLEASE NOTE:

- Wednesday Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the Auto Craft Shop is issued after a safety orientation given every day 15 minutes after opening and again at 5 pm on weekdays. Weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

CLASSES / LIFETIME SPORTS AND RECREATION PROGRAM

- *Ladies Day*, 6 and 20 October, 1 9 pm.
- Mechanics Club, 6 and 20 October, 4:30 pm. Join us at Zama Auto Crafts to learn how to repair just about anything. If it has wheels and an engine we will work together to fix it as a group. This is an excellent opportunity to learn how things work, troubleshooting, and the use of a variety of tools.

PROFESSIONAL SERVICES

Fuel Injection Cleaning Service: \$59.95

Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

Oil System Cleaning Service: \$59.95

Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters. Environmentally safe (oil & filter extra).

Call for appointment, 263-3615

SERVICES

• *Used Vehicle Courtesy Inspection* We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done

• Used car referral service.

by appointment only.

New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

CAR WASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot.

All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively. At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

• Prepaid cards for the car washes are on sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information.



- Windshield Chip and Crack Repair.
 Prices start at \$30.
 Stop by for your appointment and estimate.
- Harley Davidson Products.

On sale now at your Camp Zama Auto Crafts Shop.



ry our newest on-line research tools: Expanded Academic ASAP, The History Resource Center, and Morningstar.com to find the information you need. Stop by the library and discover a world of information at your fingertips.



■ Community Libraries • 263-3517

E-BOOKS

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today. We require 24 hours to set up an account.

VOLUNTEER NEEDED!!!

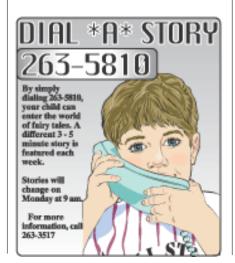
Interested in being a volunteer storyteller at SHA Library? Please call 263-5267.

NEW MCNAUGHTON BOOKS

- One Shot by Child, Lee (Bestseller)
- The Survivor by Harris, John F. (Bestseller)
- Coach by Lewis, Michael (Bestseller)
- Cross Bones *Reichs, Kathy* (*Bestseller*)
- Origin in Death by Robb, J. D. (Bestseller)
- Star Wars, Episode III by Stover, Matthew Woodring (Bestseller)

- The Third Secret by Berry, Steve
- The Boys of Pointe Du Hoc by Brinkley, Douglas
- The Twelfth Card by Deaver, Jeffery
- The Hot Kid by Leonard, Elmore
- Fire Sale by Paretsky, Sara

Check out our web site: http://www.usarj.army.mil/information/zama/mwr/library/index.htm



"See the Bugle for the advertisement".

Will will

make an honest
effort to ensure all
orders are produced
as requested;
however, Zama Arts
and Crafts is not
responsible for
damage to customer
supplied items and
designs. All orders
done on a first come,
first served basis.
We appreciate your
business.

■ Arts and Crafts • 263-4412

Stop by to laser engrave a "Torii Gift" for your friends. We have also started engraving marble stone.

POTTERY CLASSES

We are setting up our new KILN, and we will be operational soon. Class schedules will be announced in the near future.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach Japanese dough art, washi paper, and various other arts and crafts. Please contact Mr. Nodera at 263-4412.

WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety

orientation. No fee.

CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

BALLOON SHOP

We have a message for every special occasion in your life. Helium filled malar balloon range from \$2.75 to \$3.75; latex (many colors) is 75¢ to 85¢. For better service, place your order in advance.

PRINT SHOP

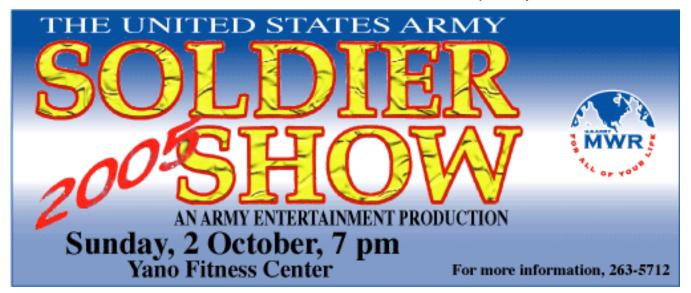
• Screen Printing and Heat Transfer Printing

We have screen printing and heat transfer printing for custom design t-shirts, trucker caps, mug cups, mouse pads, and tiles and aluminum plaques. We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request.

..... ARTS AND CRAFTS CLASSES

Framing Basic Advance & Refresher Textile Arts	Wednesday Thursday (1st, 2nd and 3rd)	6 - 8 pm Appointment only 5 - 7 pm	\$10 plus materials \$10 \$15
Washi Paper	Friday	2 - 4 pm 4 - 6 pm	\$15 plus materials \$15 plus materials
Ikebana	Thursday (1st, 2nd and 3rd)	2 pm	\$15 plus materials
Scrap Book Making	Saturday (two minimum registration	n) 2 pm	\$10
Tole Painting	Thursday and 2nd and 4th Saturday (for beginning and intermediate fol	y 3 - 5 pm k painters)	\$15
Wood Craft	Saturday	2 - 4 pm	

All classes and orientations require registration in advance at the Arts and Crafts Center.



■ Community Cultural Center • 263-3939

Ballet, Jazz, and Piano classes will begin soon.
For registration, call 263-3939.

CLASSES

• Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii and Ms. Sako. The cost is ¥6,500 per month.

• Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month.

• Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is ¥8,000 for adults and ¥7,000 for children per month.

• Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.

FACILITY RESERVATIONS

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.

RENTALS

The Community Cultural Center | for your rental needs.

has sound equipment, costumes, tournament dart board games, and tournament chess game sets for rent.

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs.



"See the Bugle for the advertisement".

■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

YOUTH SERVICES HIGH SCHOOL LEADERSHIP

Keystone Club

is a high school leadership group who creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens the opportunity to: develop and use leadership skills; contribute to the community through service and volunteerism; foster understanding and respect between groups and individuals; learn life skills and information to live a responsible, fulfilled life; understand and participate in the free enterprise system through fund raising activities; enjoy fellowship and develop self-confidence. The Keystone Club meets twice a month at the CZ Youth Center.

• The Tech Club

is open to all youth services members and meets on Tuesdays at 3:30 pm in the Tech Lab. With professional equipment and software, Tech Lab members learn life skills and get hands-on experience by making, editing and producing video commercials, having photo shoots, cre-

ating web pages and web sites, and producing graphic designs.

• Torch Club

is a middle school leadership group designed to assist girls and boys in becoming productive citizens. The Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The Middle School Torch Club meets Mondays at the CZ Youth Center.

• The Camp Zama DJ Club

is a high school leadership club which promotes music as a fine art. The DJ Club learns and discusses the different types of music available to youth today. The club also practices and masters the youth center's state of the art DJ equipment to prepare for all MS and HS dances. HS DJ Club members are required to mentor MS youth. The DJ Club meets every 2nd and 4th Monday of the month at the Camp Zama Youth Center.



f you are interested

in becoming a member

many clubs such as the

Keystone Club (9 - 12th

of the youth center's

grades), Torch Club

(6 - 8th grades), Tech

Club (6th - 12 grades),

or the DJ Club (7 - 12th

grades), phone 263-

information. You can

community and in the

make a difference in our

4500 for more

youth program.

Youth Center October Activities

The JV game starts at 5 pm and the Varsity game 7 pm:

7 October Zama Trojans Run Wild vs Yokota Panthers Zama American High School
14 October Zama Trojans Run Wild vs Kinnick Red Devils Zama American High School
21 October Zama Trojans Run Wild vs ASIJ Mustangs Zama American High School
(Homecoming)

The Zama Youth Center will provide transportation to all Zama High School away games in the Kanto Plain area. Come out and support your Zama Trojans football teams.

"Paintball" - 8 October

Yokosuka Naval Base has just opened an indoor paintball facility. We need a minimum of 10 players to test it and have fun doing it. The cost to youth center members is \$20.

• "Sixth Grade Happening" - 21 October

Plan to attend and enjoy the first "6th Grade Happening" from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary, and the Atsugi Theater at 6:30 pm.

• "Middle School Homecoming" - 22 October

The Zama Youth Center will be hosting the "Middle School Homecoming" from 7 - 10 pm. Transportation will be provided from SHA, Depot and Atsuqi.

• "Red Spirit Day" - 24 October

Come out and kick off Red Ribbon Week with "Red Spirit Day" (wear Red and receive a gift) at the Zama Youth Center from 2:30 - 6 pm.

■ Child Development Center • 2676564

SAGAMIHARA HOUSING AREA

• SHA CDC PAC Meeting (for patrons only) will be held on Tuesday, 11 October, 4 - 4:45 pm, at the Sagamihara Housing Area Child Development Center. For more information, phone 267-6564/263-5723.

• Parents Night Out

SHA CDC hourly care is offering a special Friday "Parents Night Out", 14 October, 6:30 - 11:30 pm.

Reservation information:

- Call the Resources and Referral Office at 263-4743/4125, NLT 12 October
- Hourly care fee must be paid in advance at the Resources and Referral Office.

- Payment or cancellation must be made by 12 October or no refunds.
- Your child must be registered in the CYS program and immunizations must be up to date.
- Must have 15 participants.
- Please serve dinner prior to dropping off your kids (only snacks will be provided).
- Character Counts Week: 17 21 October.
- Red Ribbon Week: 24 28 October.
- *Parent-Teacher Conference*: 24 28 October, 12:30 1:30 pm, SHA CDC patrons only.
- *Fall Festival Event:* Monday, 31 October, 3 4 pm, games and parade.

For more information, please call Amelia Lazo-Ramos. 267-6348.

ZAMA CHILD DEVELOPMENT CENTER

• Hip to be Fit

Thursday, 6 October, 9:30 - 10:15 am.

• Zama CDC Closed

Monday, 10 October "Columbus Day"

- *PAC meeting* at Zama Child Development Center, Wednesday, 12 October, 4 5 pm.
- Character Counts Week: 17 21 October
- Red Ribbon Week: 24 28 October.

For more information, please call Betty Huebner, 263-8081.



Community members, are you looking for a school year program that can provide great fun for your children?

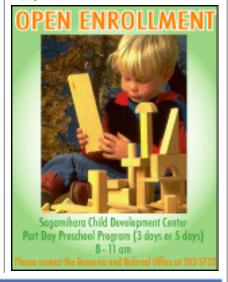
Camp Zama School Age Services (SAS) has a great program. The program offers indoor and outdoor activities. SAS is accredited through the National School Age Care Alliance. Our program is designed to meet the four service areas, which are Sports, Fitness and Health; Life Skills, Leadership and Learneing Opportunities; Arts Recreation and Leisure; Mentoring, Intervention and Educational Support Service.

SAS has a wonderful staff who welcomes your children everyday. Our building provides a space for homework. The technology lab provides interesting things for children to do. The current clubs we have now are Technology/Photography Club, Culture Club, and Nature/Gardening Club. The warm atmosphere at SAS is inviting and will meet the needs for children needing before and after school care.

You can pick up a complete registration package and register at the Resource and Referral Office located in Bldg. 533, Comp Zama.

For more information, please contact SAS at 267-6013.

BOYS & GIRLS CLUBS





Camp Zama Community Club

• 263-4133

heck out Cafe'
Roberto's!!! Sandwiches,
salads, nachos and pizza are
available for your eating
pleasure.

Sunday, 30 October, in the Firelight Lounge, 8 - 11 pm, Halloween Screamfest and variety music w/DJ.

Reody Soul Band (R&B) on Sunday, 9 October, 8 - 11 pm, in the Firelight Lounge.

■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu. A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ BINGO NIGHT

More games and more money to pay out. Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7 pm, and on Sunday cards go on sale

at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try our terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out. Don't worry about dinner; you can eat while you play.

■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm. adult: \$12.95; youth (8 - 12) \$4.95; youth (4 - 7) \$2.50; and youth (3 and under): Free

■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

• Firelite Lounge

Thu Variety Music 8 - 11 pm Fri Karaoke 7 - 10 pm Hip Hop

10 pm - 3 am

Sat Country

8 pm - 2:30 am

OTHER EVENINGS IN THE USA DINING ROOM

- Chef's Special on Friday evenings plus regular menu.
- Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!



LUNCH

Sunday

Sunday Brunch (10 am - 1:30 pm) Adult: \$12.95

> Youth 8 - 12: \$4.95 Youth 4 - 7: \$2.50

3 and under: Free

Monday - Closed Tuesday

- 4 Baked Herb Chicken
- 11 Spanish Chicken
- 18 Beef Potato Croquettes
- 25 Sausage and Sauerkraut

Wednesday

- 5 Hamburger Steak w/Kinoko Oroshi Sauce
- 12 Stuffed Cabbage Roll
- 19 Pancit Bifun
- 26 French Dip Sandwich

Thursday

- 6 Chicken Curry
- 13 Braised Chinese Pork (Ton Pou Lou)
- 20 Stuffed Pork Chop
- 27 Hamburger Steak w/Mushroom Sauce

Friday - Smorgasbord

- 7 Baked Meat Loaf
 - Baked Chicken
 - Macaroni and Cheese
- 14 Bosses Day Luncheon Buffet advance ticket: \$7.95 at the door: \$9.95
- 21 Community Day Closed until 5 pm
- 28 Sliced Baked Ham w/Pineapple Sauce
 - Sliced Roasted Turkey
 - Stuffing and Yams

Saturday - No Lunch

COMMUNITY DAY

Friday, 21 October

The club will be closed for Community Day, but will open at 5 pm

COUNTRY BAND WITH DJ Saturday, 22 October

8 pm - 1 am in the Firelight Lounge \$12 or ¥1,200 per person (includes hors d'oeures) For more information, 263-4547

DINNER MENU

Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

Monday - Closed Tuesday

- Limited Menu
- Family Night Dinner (Any two meals for \$15)
- Includes Soup and Salad Bar
 - 4 Taco Rice
 - Sweet Sour Meat Balls (Beef and Pork)
 - Roasted Chicken
 - Sliced Pot Roast Beef
- 11 Bulkogi
 - London Broil
 - Roasted Chicken
 - Chicken Enchiladas
- 18 Beef Fajita
 - Roasted Chicken
 - Pork and Adobo
 - Chicken Cordon Bleu
- 25 Sliced Roast Beef

DINNER MENU

- Mock Fillet
- Roasted Chicken
- Chicken Parmesan w/Pasta

Wednesday

- Mongolian BBQ
- Limited Menu

Thursday

- Limited Menu
- Fine Dining
- All You Can Eat Pizza, plus Pasta Bar and Salad Bar (\$10.95)

Friday

- Regular Menu
- Chef's Special
- 14 Community Night (Firelite Lounge)

Saturday

- Fine Dining
- Regular Menu
- Prime Rib Dinner
- 6oz Prime Rib and Shrimp Scampi (\$12.95)
- 24 Country Band w/DJ







night is family night (movie for adults and youth).

Sagami Lounge will be closed on Monday, 10 October, for Columbus Day.





I Sagami Lounge • 268-4954/4847 Orders: 268-4142

LUNCHES

MONDAY

- 3 Hawaiian Ham Steak
- 10 Closed
- 17 Tendon Shrimp and Chicken
- 24 BBQ Pork, Chicken and Beef Pattie
- 31 Chicken Soft Tacos

TUESDAY

- 4 Mexican Pork Stew
- 11 All-U-Can Eat Chinese Buffet
- 18 Hamburg Steak w/Cheese
- 25 All-U-Can Eat
 American Buffet

WEDNESDAY

- 5 Chicken Cordon Bleu
- 12 Okinawa Chicken Taco Rice
- 19 Rolland Pork Cutlet
- 26 Spaghetti w/Meat Balls

THURSDAY

- 6 Parmesan Beef Cutlet
- 13 Green Pepper and Cabbage Roll
- 20 Chicken Pompadore w/Pilaf
- 27 Bulkogi Pork Ginger

FRIDAY

- 7 Seafood Gratin W/Pilaf
- 14 Sagami Lounge Baked Salmon
- 21 Fried Catfish w/Vegetable Sauce
- 28 Seafood Platter

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 4 Mexican Dinner Special
- 11 BBQ Dinner Special
- 18 Japanese Dinner Special
- 25 Pizza and Pasta Dinner Special

WEDNESDAY NIGHT

Family night movies for adults and youth (5, 12, 19 and 26 October regular dinner menu).

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 6 Italian Dinner: Ribeye Steak w/Lemon Sauce
- 13 Italian Dinner: Escalope De Beef Gambetta
- 20 Chef's Choice: Salmon En Crout
- 27 Italian Dinner: Poissen A La Cingalaise

FRIDAY NIGHT

- 7 Steak and Lobster Tail (\$25)
- 14 Steak Wellington (\$25)
- 21 Steak and Crab Legs (\$25)
- 28 Steak and Shrimp (\$20)

SATURDAY NIGHT

(MONGOLIAN BBQ)

Saturday, 1, 8, 15, 22 and 29 October.

■ Hob Nob Inn • 267-6097

HOB NOB NEWS

The Hob Nob Inn dining room in the Sagamihara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6372.

KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.

HOUR OF OPERATION

Monday - Thursday: 4:30 - 9 pm Friday: 4:30 pm - 1 am Saturday: 7 pm - 1 am Sunday, Holiday: Closed



NEW MANAGEMENT... SAME GREAT SERVICE!!

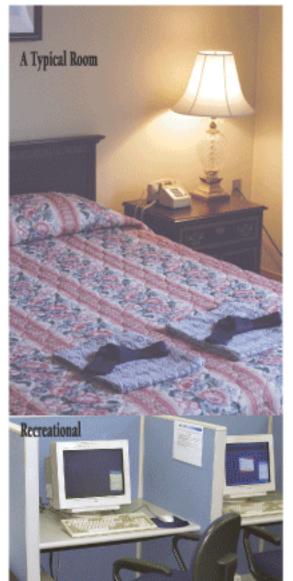
Photos and Article by Richard Hann.

HARDY BARRACKS RECREATIONAL LODGING

We welcome the Hardy Barracks Recreational Lodging to our USAG-J MWR family. Formerly the Army Lodging at Hardy Barracks, this fine 26 room lodging facility will continue the same high class service it has always been famous for. The rates are still the lowest and best in town. The staff provides outstanding service and the rooms are clean and spacey.

Located in Nogizaka, the lodging is a convenient stepping off place for events and shops in Tokyo. Some of the popular area shops, restaurants and pubs are the New Sanno Hotel, the Hard Rock Cafe', Blue Note Club, Tony Roma's, Friday's and Almonds which are only minutes away on foot or by taxi. Whether you like shopping or the fantastic nightlife-it's all nearby.

Reservations can be made by calling 229-3270. The manager, Mr. Koichi Shibata, will be pleased to welcome you as a special guest.



KURE RECREATIONAL LODGING

If you are interested in visiting Peace Memorial Park in Hiroshima City, it's about a one hour drive from our Kure Recreational Lodging. Formerly Kure Army Lodging, we are also pleased to welcome this fine lodging facility to our USAG-J MWR family as well. Dave Ricks, manager, promises to continue the same great service for visitors to his six room facility. Another interesting point of local interest is Miyajima, a world heritage shrine and one of the three most famous sites in Japan, which can be reached by ferry boat.

Reservations can be made by calling 256-2580.





he jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi, sauna, and steam room are closed for maintenance.

Sports Office • 263-3954/4664

YOGA. "HATHA YOGA"

Hatha Yoga is now being offered on Mondays, 5 - 6:30 pm, at the Music and Theater Workshop, Bldg. 505, and Wednesdays, 5 - 6:30 pm, at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk, 263-4664.

JAPANESE SEITAI MASSAGE

Therapy with "Yukari" on Fridays, 5:30 - 8:30 pm, and on Sundays, 11

WANTED

The Yano Fitness Center is looking for the following:

> **Aerobic Instructors Yoga Instructors** Massage Therapist

Anyone interested, please call the Sports Office at 263-3954/7980.

am - 6 pm. Call the front desk at 263-4664 for additional information The cost is \$45 for 60 minutes \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

MASSAGE THERAPIST

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days available are Tuesdays - Saturdays (first appointment is 10:30 am and the last appointment is 4 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes. \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

THE TANNING BOOTH AND **AQUA MASSAGER ARE AVAILABLE FOR USE:**

• *Tanning Booth*: \$2.50/visit, \$20

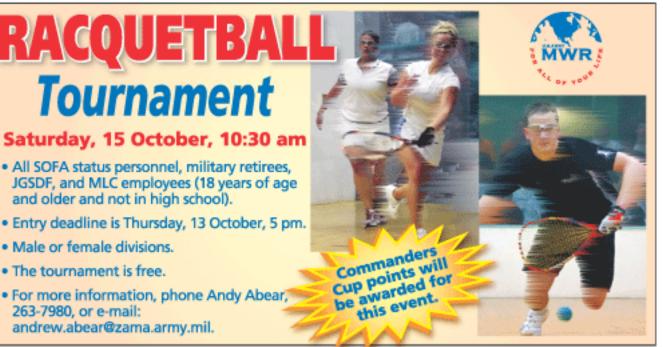


and older and not in high school).

andrew.abear@zama.army.mil.

 Male or female divisions. The tournament is free.

263-7980, or e-mail:



for 10 visits, \$35 for 20 visits.

• *Aqua Massager*: \$5 for 15 minutes

AQUATICS, 263-5656

• Pool Party Reservations

If you are considering a pool party at any of the pools, please submit a "Pool Party Reservation Request" to the Yano Fitness Center no less than two weeks in advance of the date being requested. Three weeks in advance for after-hours parties is preferred. Forms are available at the Yano Fitness Center. Forms can be e-mailed to you upon request. Open dates can be verified by phone. Reservations are official once the form has been submitted. date and time confirmed for availability, staffing availability, and it is signed and approved. All applicable fees apply.

• Training Reservations for the Swimming Pool

If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at Yano Fitness Center. For reservations, sub-

mit the reservation request preferably two weeks in advance but NO LESS THAN one week in advance. Forms can be e-mailed upon request. Open dates can be verified by phone. Reservations are official once the form has been submitted, date and time confirmed for availability. staffing availability, and it is signed and approved. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (FREE for Soldiers during PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, contact Kimberly Bailes at 263-5656.

POOL HOURS

263-5037 / 263-5656

Yano Indoor Pool:

Monday - Friday: 0600 - 1800 Saturday, Sunday, Holidays: 1000 - 1800 (unless otherwise posted)

WATER AEROBICS

October Water Aerobics classes: Mondays, Wednesdays, and Fridays, 5:10 - 6 pm.

See flyer for specific details and cost. Days and times classes are offered may vary from month to month depending on staffing availability.

For more information, contact Kimberly Bailes, 263-5656.

Fall Learn-to-Swim

The "Fall Learn-to-Swim Program" will begin in October. Registration is taken at the Yano Fitness Center. Registration deadline is the Wednesday prior to the start of the session. Youth and adult classes are offered. See flyer for specific details: locations, dates, times, and levels offered. Some dates may change or vary. Classes may be cancelled based on staffing availability and/or participation at specific locations, times, and levels.







For more information, contact Kimberly Bailes at 263-5656/4664.

Fitting by Mizuno. Zama Golf Club announces custom fitting by Mizuno. We are now authorized club fitters for Mizuno irons and woods. We can measure swing speed, lie angle, and shaft flex. Don't buy another set off the rack! Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 263-4225.



■ Camp Zama Golf Club • 263-4224 http://www.usarj.army.mil/information/mwr/business/golf/

NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Thursday, 13 October, 9:30 am, shotgun start. Cost is \$25 for SOFA status golfers plus green fees for nonmembers. Contact Ernie Harada at 263-4225 to sign up.

TOMODACHI DAYS

Tomodachi Days in October are on Fridays the 7th, 14th, 21st and 28th. Up to three of your Japanese guests can play with you for the low fee of ¥4,000 plus cart fee. This is a significant savings over the regular rate of ¥10.000.

PAYDAY SCRAMBLE (FREE)

Friday, 4 November, shotgun start at 11 am. Entry fee is \$15 plus green fees for daily fee golfers.

NOTE

Looking for a locker to rent at the golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

Please repair ball marks on the green. A ball mark repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will be visible for weeks.

CUSTOM FITTING BY PING GOLF

The Camp Zama Golf Club has been selected by Ping Japan as the Custom Fitting center for this area. Dale Jorgenson, Director of Golf, and Ernie Harada, Head Golf Professional, have been factory trained to help you find the best combination of lie, length, grip, shaft and model to fit your golf swing. CZGC has 30 different irons and 10 different woods to accommodate almost any golfer. Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 263-4225.

COMPUTER SWING ANALYSIS

The Zama Golf Club announces "Computer Swing Analysis" using "Total Vision"! Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology. Cost is \$50 and includes a take home video tape. Call 263-4224 (Dale Jorgenson) for an appointment.



■ Army Community Service • 263-8327

nit Mobilization/
Deployment Readiness
Training.

Today's Army recognizes that family readiness is inseparable from unit readiness. ACS has several Operation R.E.A.D.Y. (Resources for Educating About Deployment and You) training modules and reference materials available for training Soldiers, civilian employees and their families who are faced with deployment. Please call 263-5550 to schedule your unit pre-deployment readiness training, reunion briefing, family readiness group training, and unit rear detachment commanders training.

RELOCATION READINESS 263-2382

• Medical Morning and Community Tour

Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over the counter medications, is also given, on 19 October in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program. A community bus tour will be conducted immediately following the briefing. All newly arrived personnel are encouraged to attend. Lunch will be provided. The tour is scheduled from 11 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

• Newcomer's Train Class Parts I and II

Part I will be held on Thursday, 20 October, 6 - 8 pm, in the ACS Community Room, Building 402. This class will teach you how to read the signs in the stations, buy train tickets, and more.

Part II will be conducted on Saturday, 22 October, at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

• English Teachers Network

This month's English Teachers Network will meet on 20 October, noon - 1 pm. Find out how to recruit students, what fees to charge, where to buy materials.

• Shopping on the Economy

On 21 October, join our Japanese experts to show you where to shop. Take a guided tour to a local supermarket, and enjoy a short train ride to Machida. Bring ¥400 for transportation and extra for purchases. Departs from Gate 4 at 9:45 am. Children are welcome.

• English Language Class

Want to improve your English Language skills? A Basic English Language class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg, 402.

• Japanese Language Class

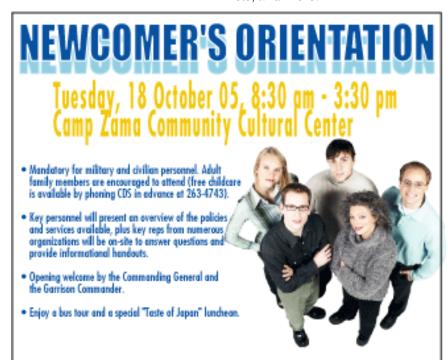
Are you frustrated when you go out the gate and can't communicate in Japanese? Come and join our class! Classes are taught by a native Japanese speaker and are held on Wednesdays from 10 am - noon at the ACS Outreach Room, Bldg 402.

• Sponsorship Training

Learn how to be an effective sponsor. Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-2382.

• Knitting Class, 263-2382

ACS offers a knitting/crochet class every Tuesday from 9:30 - 11:30 am at the ACS Outreach Room, Bldg. 402. Our instructor will guide you throughout the projects.



MOBILIZATION AND DEPLOY-MENT PROGRAMS, 263-5550

• Pre-deployment and Ongoing Readiness Training

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment. The training is held the 2nd Thursday of the month 3 - 4 pm in the ACS Outreach Room. Discussions on emotional and practical preparation, communication, family support during deployment, and reunion readiness are all part of this training. In addition, ACS has resources such as video teleconferencing for family members use.

• Deployment Readiness Support Group

Spouse deployed? Pressures and frustrations often result from lengthy separations, single parenting during a spouse's absence, separation from friends and families, and constant adjustment to varying duty schedules. ACS conducts a support group for family members of deployed Soldiers and civilian employees. The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

• AFTB, 263-5550

Take Army Family Team Building courses online. Levels I, II, and III are all available. Log onto www.aftb.org and register.

• AFAP, 263-5550

Have an issue or suggestion to improve the quality of life for the community? The Army Family Action Plan wants to hear about it! Just log onto http://

www.mwrjapan.jp.pac.army.mil/ and click on "Submit a 2006 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

AER/FINANCIAL/EMPLOYMENT 263-8091

The ACS Financial Readiness Program offers a variety of services such as finance education, budget

assistance and personalized budget counseling and many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their family members a ready-made program to help achieve personal financial readiness and deployability through the use of sound money management and consumer skills.

FAMILY ADVOCACY PROGRAM 263-8327

• Family Maltreatment Prevention The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility, which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life en-

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002.

hancement etc., contact the Family

Advocacy Program at 263-8327.

EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-4785

The Exceptional Family Member Program (EFMP) and Educational and Developmental Intervention Services (EDIS) will sponsor a Developmen-

tal Skills Class for Children, birth to five years old, on Monday, October 17, noon - 1:30 pm, in the ACS Community Room. It's lunch hour and a brown bag affair. Learn the important stages in your child's life from social workers and professionals facilitating the workshop.

COMMUNITY LIFE OFFICE 263-5550

Volunteer Information

Learn new skills, meet new people and explore new career fields. Enter the exciting world of volunteerism. Contact Ms. Centeno at 263-5550.

• Community Information Exchange (CIE)

CIE is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. The next meeting will be 26 October.

INFORMATION AND REFERRAL

Information and Referral (I&R) provides information and maps on local, public, private and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, as well as the local Japanese economy. I&R also conducts initial customer assessment of a general and personal nature and provides confidential client intake services, crisis intervention, and referral and follow-up assistance. Contact Glen Steward at 263-4572.

New Parent Support Program (NPSP)

The NPSP specializes in assisting and offering services to new and expecting parents.

- Play Morning at Zama Chapel Bldg. 502: 4, 11, 18, and 25 October, 9:30 11 am.
- Breast Feeding Support Group Meeting on 6 October, 9:30 10:30 am, in the ACS Bldg. Outreach Room.
- Play Morning at SHA CDC: 13, 20 and 27 October, 9:30 11 am
- This month's "Baby Love Seminar":
 Drug Abuse Prevention Month: "Preventing Fetal Alcohol Syndrome", NPSP/ASAP presentation at SHA CDC Play Morning, 27 October, 10 11 am.
- This month's "Parenting Workshop" (Domestic Violence Awareness Month):
 "The Effects of Witnessing Domestic Violence on Children" NPSP presentation at ACS Bldg. 402, 31 October, 9 - 10 am.

■ Outdoor Rec. & Local Tours • 263-4671 (Map location 31)

or dates, times, and more indepth information on all the tours listed below, check out our monthly getaway guide or please call the "Zama Local Tours" office. Our customer service will be happy to help you out!

October Tours



- Scuba Diving Open Water License Course (5 Day Program)
- Nikko Excursion
- National Foundation Celebration at Yokohama Chinatown
- Rock Climbing & Camping Overnight
- Katsunuma Grape Festival 2 · Autumn Bazaar at Yokosuka Naval Base
 - Mt. Hasuge Hike & BBQ
- 8 Tokyo By Day
 - Abratsubo Marine Park
 - Hida Takayama Autumn Fest.
- 9 Surfing Lessons for Beginners
 - Kabuki-Za Theatre
- **10** Free Time at Tama Hills
 - Fujikyu Highland
 - Deep Sea Fishing (Yellow Tail)
- 15. Kawagoe Festival
 - Paragliding & Biking Over Night
- **16** Hakone Yunessan Hot Spa Enoshima Autumn Festival

 - Season Opener Trout Derby
- 22 · Yatsugatake MTB
 - Hakone Excursion
 - Nikko Edo Mura
- New Sanno Brunch & Korakuen Area
- "Tokyo Comedy Store" Show in Shibuya
- Rock Climbing for Beginners **29** (Kotakuji)
 - · Mt. Kintoki Climb for Beginners
 - Kyoto Overnight
 - Halloween in Roppongi

*Highlighted Tours are listed in bold.

SCUBA DIVING OPEN WATER LICENSE COURSE

Saturday, 1 Oct. - Saturday, 22 Oct. *5-day program

Start: 7 am • Finish: 6 pm

(Times will vary)

Upon completion of this course, you will obtain a PADI Open Water Diver License. Once you become a certified diver, you can use the buddy system to explore wrecked ships and swim like a fish! Note: Basic swimming skills are required to participate in this course. Limited to 6 participants, age 18 & up only.

Cost: \$375



NATIONAL FOUNDATION AT CHINATOWN

Saturday, 1 October

Depart: 10:30 am • Return: 6:30 pm Join us as we celebrate the Chinese National Foundation Day at the largest Chinatown in Japan! This festival, adding even more color and flair to the already-vibrant streets of Yokohama, features events such as lion dances, parades and firecrackers as well as traditional Chinese cuisine and shopping!

Adults/Youths: \$9 • Infants: \$5



ROCK CLIMBING & CAMPING OVERNIGHT TRIP

(Beginner - Intermediate) Saturday, 1 Oct. - Sunday, 2 Oct.

Depart: 4:30 am (Sat)

Return: 8 pm (Sun)

Join as we team up with Yokosuka's Outdoor Rec. for a fun and challenging day at Ogawayama; a "Little Yosemite" of Japan. Outdoor Rec. will supply camping tents, sleeping bags, padded mats and ice chests for the participants at no charge! (Reservations are required and camping gear is issued on a first-come, first

serve basis). Limited to 7 participants, age 18 & up only.

Cost: \$135



KAWAGOE FESTIVAL

Saturday, 15 October

Depart: 10 am • Return: 9 pm Recreating the splendor and allure of the Edo Period, this matsuri features magnificent 20-30 ft. tall floats equip with costumed dancers representing various local cities. This vibrant and colorful festival filled with music, dancing food and fun attracts more than 30,000 visitors. Admission is FREE!

Adults: \$12 •Youths: \$9

Infants: \$5





SEASON OPENER TROUT DERBY

Saturday, 22 October

Start: 1 pm • Finish: 3:30 pm Come out and enjoy the beginning of fishing season at Dewey Pond! The Trout Derby will be a fun day of fishing for both adults and children. Fishing poles are provided to the participants at no charge. However, quantities are limited! Please make reservations at our office when you sign up. Sign up by Thursday, 20 October & receive a free gift. Prizes: Adult Total Weight 1st-3rd place, Youth Total Weight 1st-3rd place, IHA/MLC/Guest Total Weight 1st place, Largest Fish, First Fish, etc.



Better Opportunity for Single Service Member

MEETINGS

- *All meetings are at 2 pm at the CCC...
- Tuesday, 11 October
- Tuesday, 25 October

*Icons shows the services/fees included in the cost.















•Guide •Activity Instructor •Transportation •Admission/Tickets •Meals •Hotel •Drinks



rmy Family

Action Plan.

Although the Army Family Action Plan Symposium is held once a year, work on resolution of issues continues throughout the year. The hard work of delegates, steering committee members, and command and directorate representatives has resulted in many changes that have had a positive impact on quality of life on Okinawa and throughout the Army. Issues can be submitted at any time throughout the year. Please contact the AFAP Program Manager at 644-4743 for more information or to submit an issue.

■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE, 644-4110

• Family Advocacy, 644-4106/4908 The Family Advocacy Program goal is to promote healthy families. In an effort to do this, Family Advocacy provides various services to enhance

provides various services to enhance and improve family functioning. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for suspected child or spouse abuse is the Military Police at 644-4715. The point of contact for program or resource information is Cheryl Hogan at 644-4106, or the Installation Victim Ad-

The Sexual Assault Response Coordinator (SARC) can be reached at 090-6861-6149, 24 hours a day. Information about restricted and unrestricted reporting of sexual assault can be obtained from the SARC at 644-4908

• 5k walk/ran

vocate at 644-4908.

A Joint Services 5K Walk/Run will be held on 1 October in support of Domestic Violence Awareness Month.

• Exceptional Family Member Program

The Army Exceptional Family Member Program (EFMP) is designed to assist families and support command readiness. Enrollment in the

EFMP helps to ensure that service members are stationed where their families' special needs can be met. Special needs are ongoing needs for medical treatment, psychological services and/or special education. The challenges of living with special needs have always been present, but the EFMP exists to address those issues in a responsible and compassionate way.

• Relocation Readiness Assistance Program 644-4385

The Relocation Program assists Soldiers and their family members with the stresses and problems they may encounter throughout their mobile military lifestyles. Relocation provides assistance to inbound and outbound individuals. Services include Newcomers Orientation, welcome packets, loan closet, sponsorship training and information about military installations worldwide.

• Employment Assistance 644-4116

ACS provides assistance with resume writing and interviewing skills. ACS also provides a listing of jobs that are available on Okinawa.

• Deployment Packets

ACS offers deployment packets to spouses of deployed Soldiers. The packets are filled with information that can help you deal with deployment and reunion issues. ACS also has coloring books and letter writing kits for the children.

• Welcome Packet

If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

• Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

• *Sponsorship Training, 644-4385* Learn to be an efficient and effective

TORII STATION NEWCOMER'S ORIENTATION

(Installation and local community information).

Tuesday, 4 October, 8:30 am - noon, ACS Conference Room

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided. sponsor to enhance the next newcomer's relocation experience. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted as an individual or a group session, as needed by the units.

• Checkbook Management Class 644-4378

This class will cover basic check writing and reconciling using monthly bank statements. The class is a refresher course for anyone who has had trouble handling or reconciling a checking account. It is also for all new checking account holders. The meeting will be in the ACS Conference Room, Building 236, on 5 October, from 9 - 11 am.

• First Time Home Buyers Class

Ever wonder how much house you can afford? Learn what to look for in a house, how to choose a real estate agent, how to make an offer, negotiating interest rates and much more. Don't miss this opportunity to make your dream a reality. Call 644-4378 to register, training will be held in the ACS Conference Room Building 236, on 12 October, from 9 - 11 am.

• Family Subsistence Supplemental Allowance (FSSA)

FSSA was created by Congress to address the problem of service members needing to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program. Please contact 644-4378 for eligibility requirements.

• Consumer Affairs Program

This program was designed to help military families who have been treated unfairly. The unfair treatment may have occurred by an insurance agent, financial planner, sales personnel or others. If you fall into this category, please contact the Financial Readiness Program Manager at 644-4378 for assistance.

• Army Family Team Building

If you are looking for something to do, and want to get involved in your Army community, make new friends and take advantage of some great volunteer opportunities, come by and get acquainted with our AFTB program at ACS. We offer great training, lots of job experience to add to your resume with our volunteer positions, and some fun and exciting activities for spouses in addition to some helpful information that will help make being part of the Army family a happy and enriching time. Call 644-4743 for more information.

SPORTS, 644-4334

The October Army Golf program is being offered FREE to all Army SOFA status patrons. Army Okinawa invites you to participate in our monthly Payday Golf Scramble. Join us for a morning of recreational golfing at Kadena's Banyan Tree Golf Course. The payday golf scramble is an excellent social event, designed to further encourage participation in the game of golf.

Sign up at the Torii Physical Fitness Center, Bldg 275.

For more information, e-mail \o "mailto:james.perry@okinawa.army.mil" james.perry@okinawa.army.mil

AUTO CRAFT CENTER, 644-5612

The Auto Skills Center and its staff of professionally trained mechanics are available to help you solve your automotive problems. We offer a wide range of goods and services at prices you can't beat anywhere on Island.

HOURS OF OPERATION:

Tue and Wed, CLOSED Thu, Fri, Mon, 11 am - 8 pm Sat and Sun, 9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

• Safety Orientation:

Safety orientations are held daily. This orientation is required before using the Auto Skills Center. This orientation is documented with a DA 3031-1 Qualifications Card.

• Auto Inspection

We cannot do the actual inspection, but our staff can help you get ready for the inspection and lower your costs by eliminating common problems through a pre inspection service.

• Film service

Protect your interior from the destructive UV rays and make your summer driving more enjoyable with the installation of sun blocking film. Prices vary with the model of vehicle and reservations are required. Please check with our staff.

• Parking / Vehicle Storage

We offer both long and short term parking options for cars and motorcycles. Inside parking is also available; protect your car during typhoons.



■ Torii Station, Okinawa MWR Activities • 644-4270

Indoor typhoon parking \$10 (\$5 motorcycle)

TDY parking \$20 (TDY orders required)

Other than typhoon and TDY: Indoor, \$10 per night Outdoor, 5 days \$20

OUTDOOR RECREATION 644-4698

Hours of operation: Summer (May thru October) Open 7 days a week, 8 am - 7 pm.

Make reservations for use of the facilities at the Beach Office, Bldg T301.
Pavilions

Small: \$25 Medium: \$30 Large: \$40

"BBQ grill is included"

Enjoy the Torii Beach camping area for only \$5 a lot in the South camping area (for family use). Cost includes a BBQ grill.

FREE MOVIES

Torii Station's free movies are show-

ing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".

ARTS & CRAFTS CENTER 644-4303

Mon, Thu and Friday: noon - 8 pm Sat and Sun: 9 am - 5 pm Tue, Wed and Holidays: Closed

• Classes and Services

Framing and matting classes are available for all military patrons and family members. The wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

Enjoy the best DVD collection on Okinawa! Lots of brand new adult and children's books are also available. Hours are Tuesday through Saturday, 10 am - 7 pm. The library is located in Bldg. 248 across from the Education Center.

SCUBA LOCKER, 644-4290

Now that school is back in session we are on our fall operating hours; Satur-

day and Sunday 9 am - 6 pm, Monday, Thursday and Friday 9 am - 5 pm. Don't miss the opportunity of a lifetime...Dive with a Whale Shark! The water is still warm so hurry and sign up for a dive class before it cools. We have a seasoned qualified staff and offer everything from refreshers to instructor level training. As always, the Scuba Locker offers free air fills to all ID card holders?

TORII BEACH CABIN

644-4290 (Reservation)

Each cabin will sleep one to six people (max 4 adults), and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD player and BBQ grill. Visit the Torii Scuba Locker to check in/out. Check in time is 3 pm -5 pm Thu - Mon. Check out time is 11 am. \$50 per night.



■ Zama Bowling Center • 263-4780

- The Zama Bowling Center has unadvertised daily specials for bowling equipment; also, ask about our discount bowling cards.
- Free family time bowling every Wednesday, 3 pm thru closing.

THIS MONTH'S SCHEDULE

- King of the Hill Tournament Sunday, 2 October, 11 am - 5 pm. "High Rollers"
- *No Tap Tournament* Sunday, 16 October, noon 5 pm.

Open to all - this is a fun tournament.

• Halloween Xtreme Bowling Party Saturday, 29 October, 7 - 10 pm. Costume contest, door prizes, music "Trick or Treat" bags.

SIGN UP FOR LEAGUE PLAY

Fall leagues are getting ready to start. Come to the Zama Bowling Center and sign-up. Leagues are scheduled to start the last week in October.

- Youth league
- Monday Night Intramural Mixed Handicap League (time TBD)
- Tuesday Night Friendship Mixed Handicap League (time TBD)
- Tuesday Night Scratch League
- Thursday Night Petersen Mixed Handicap League (time TBD)
- Friday Night Mixed



■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass. Blessed Sacrament Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to 36 months from 9 - 10:30 am at Bldg. 502. (building next to the chapel parking lot).

Sundays, 11 am, CCD, Religious Education Center

2nd Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

PROTESTANT SERVICES

Sundays, 9 am, Sunday School / Team-Kid, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

A nursery is provided for children up to 36 months at Zama CDS, Bldg. 502, during the time of Sunday Services only.

Sundays, 5:30 pm, Youth Group, Chapel Annex

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturdays, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesdays, 6:30 pm, Prayer Meeting Service

Fridays, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel, LTJG Pilatto at 243-6477.

ECKANKAR

An introduction to Eckankar, religion of the light and sound of God, at the Religious Education Center. Call Sue at 267-6227 for more information.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion and meditation, SHA Chapel, contact Mr. Fulford at 046-257-0613 or Mr. Connie Slade at 268-4974.

ON GOING BIBLE STUDIES

Thursdays, 9:30 am, PWOC (Prot-

estant Women of the Chapel) Bible Study, Lisa Gray at 267-6565.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Lisa Gray at 267-6565.

CHAPEL ACTIVITIES IN OCTOBER

9 October, 10 am, Catholic Mass and Picnic, Dewey Park.

15 October, 6:30 am, Men's Breakfast Fellowship, Zama Golf Course. 17 October, 9 am, MOPS (Mothers of PreSchoolers) with children aged up to kindergarten, Fleet Family Service Center at Atsugi NAF. For more information, please contact Linda Carter at 264-6623.

31 October, 6:30 - 8 pm, Hallelujah Party, Zama Chapel.

The Zama Chapel community has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

Sunday Services, 2 - 5 pm at the LDS Chapel on Highway 16. **Tuesday Night Youth Service**, 7 pm at the SHA Chapel.

■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE,	WELFARE AND	■ SAGAMI LOUNGE	268-4954	(All des fellessing CDC feet)	lisi	
RECREATION	263-7611	Take Out	268-4142	(All the following CDC facil Central Registratio		263-4743
Army Community Se	rvices Branch	Lunch Mon-Fri Dinner Tue-Sat	1100-1300 1700-2000	Mon-Fri	0830-1	
■ Army Community Service	es 263-8327	Lounge/Game Room	1700-2000	Depot Dev Group I Mon-Fri	0830-1	268-4625 730
Mon, Tue, Thu, Fri		Tue-Thu	1100-2200	Sagamihara CDC	0030 1	267-6564
Wed	0700-1500	Fri Sat	1100-2400 1630-2300	Mon-Fri	0530-1	
ZAMA Golf	Club	Open during lunch		Zama CDC Mon-Fri	0530-1	263-4992
D: 4 CC IC	202 4024			■ YOUTH SERVICES	0330 1	000
Director of Golf Administrative Office	263-4224 263-4966	Community Recrea	tion Division	Depot Youth Cente		268-4625
(All the following golf activities a	are open during lunch).	■ ADMINISTRATIVE OFFI	CE 263-7935	Zama Youth Center Mon-Thu	r 1430-2	263-4500
Course/Starter	263-4975	■ ARTS & CRAFTS CENTE	ER 263-4412	Fri	1430-2	.200
Mon-Fri Weekends & US / j	0700-1700 Iapanese Holidavs	Mon-Tue Wed-Thu	Closed 1300-2100	Sat Sun	1200-2 1400-1	
	0600-1700	Fri, Sat & Sun	1000-2100	School Age Service		267-6317
Restaurant Mon, Tue, Thu, Fri	263-7665	Open during lunch		Mon-Fri	0630-1	
Wed Wed	0630-1800	■ AUTO CRAFTS SHOP Mon-Tue	263-3615 Closed	Youth Sports Mon-Sat	0900-1	263-5437
Weekends & US / 3		Wed-Fri	1300-2100	Open during l		000
Pro Shop	0530-1700 263-5284	Sat-Sun	1000-1800			
Mon-Fri	0645-1700	■ COMMUNITY CULTURA Mon-Fri	L CTR 263-3939 0900-2045	■ ADMINISTRATIVE C	FFICE	263-5962
Weekends & US / 3		Sat, Sun & Hol	Closed			
Driving Range	0545-1700 Unattended	Open during lunch		Zama Lodgii	ng	
Wed - Sat	Sunrise-2200	■ INTERNATIONAL TOUR Mon-Fri	2 S 2 63-5273 1000-1800	■ ADMINISTRATIVE O	FFICE	263-3293
Mon	Sunrise-1930	Open during lunch		Reservation Desk	11102	263-2775
Tuesday Sun	1000-2200 1600-2200	■ LIBRARY Zama	263-3517	Front Desk	7 davia a visali	263-3830
Chip Inn & Snack Stan	d 263-5834	Mon-Thu	1000-2030	Open 24 hours/	1 days a week	
Mon-Fri Weekends & Hol.	0800-1600	Fri- Sun & Hol	1000-1800	USAG-J Ok	inawa MWR	?
Weekends & Hot.	0700-1300	Open during lunch Depot	268-4523	■ MWR OFFICE		644-5396
Community Operat	ions Division	Tue-Thu	1000-1800	■ ARMY COMMUNITY	SERVICE	011 0000
■ ADMINISTRATIVE OFFI	CE 263-4452	Fri & Sat	0900-1700	Director		644-4110
	263-5614	Sun, Mon Open during lunch	Closed	Receptionist Relocation Coordin	ator	644-4175 644-4385
■ BOWLING CENTER ZAM		Sagamihara	267-6603	Outreach/Volunteer		
Mon-Wed, Sat-Sun Thu & Fri	1100-2200	Tue-Thu	1000-1900	Finance/Consumer Affairs/AER		644-4378
Holidays	Closed	Fri-Sat Sun, Mon & Hol	0900-1800 Closed	School Liaison Officer Family Advocacy		644-4908 644-4106
■ BOWLING CENTER DEPO	OT 268-4954/4606 1100-2000	Closed for lunch	1400-1500	AF TB / AFAP Manager		644-4743
Sun - Mon	Closed	US Holidays	N 263-4671 Closed	Lobby	VTER	644-4303 644-4706
■ ZAMA COMMUNITY CL	UB 263-4133	Vehicle Rental/Equipme		■ CORAL COVE COM	MUNITY CL	
Lunch Tue-Thu	1045-1315	Mon-Fri	0900-1730	Business Manager		644-4894
Sunday Brunch	1000-1330	Sat-Sun Open during lunch	0800-1600	Lounge Cashier Cage		644-4306 644-4426
Cashier & Game Room		Local Tours	263-4671	Kitchen		644-4505
Sun-Thu Fri	1000-2300 1000-0230	Mon-Fri	0900-1730	■ LIBRARY		644-4468
Sat	1000-0330	Open during lunch Animal Boarding Kenne		Staff Room MARKETING		644-5335 644-4703
Catering	263-4204	Mon-Fri	1000-1700	Commercial Sponso		644-4495
Tue, Thu & Fri Wed	0930-1730 Appts Only	Sat-Sun Closed for lunch	1000-1600 1230-1330	Graphic/Illustration ■ MOVIE THEATER	1	644-4665 644-4381
Café Roberto	,	■ POOLS	263-5656	■ SPORTS/OUTDOOR	REC	644-4144
Tue-Thu & Sun Fri	1100-2200 1100-0100	YANO	263-3954	Customer Svc/Pavil		644-4334
Sat	1100-0100	Mon-Fri Sat-Sun, Holidays	0600-1800 1000-1800	Sports Specialist Event Coordinator		644-4797 644-4169
Cornerstone Game Roo		SHA (Summer)	267-6122	Swimming Pool		644-4389
Tue-Thu & Sun Fri	1000-2300 1000-0330	Mon-Tue & Fri	1200-1800	Scuba Locker		644-4795
Sat	1000-0330	Sat-Sun Wed-Thu	1100-1800 Closed	Retail Sales Equipment Issue		644-4290 644-4263
Eda's Seafood & Filet	1700 2100	DEPOT (Summer)	268-4840	Parks, Picnic & Bea	ıch	644-4698
Thu & Sun Fri & Sat	1700-2100 1700-2200	Wed-Sat	1200-1800	V.ma I las	ah an Club	
Firelite Lounge		Sun-Tue SPORTS/FITNESS CENT	Closed 263-4664	Ките пат	rbor Club	
Sun, Tue-Thu Fri	1630-2300	Zama	263-3954	■ MWR Office	0800-1630	
Sat	1630-0330 1900-0230	Mon-Fri Sat-Sun, Holidays	0530-2030 1000-1800	■ Outdoor Recreation	0900/1700	256-2581 256-2575
USA Dining Room		Sagamihara	267-6762	■ Dining Room	0 200/1100	200-2010
Tue, Thu & Sun Wed	1700-2100 Closed	Mon-Sun	Open 24 hrs	Mon-Fri (Breakfast)		
Fri-Sat	1700-2200	Depot Mon-Fri	268-4729 1100-2000	Mon-Fri (Lunch) Tue-Sat (Dinner)	1130-1300 1630-2000	
■ HOB NOB INN	267-6097	Sat-Sun	1000-1800	■ Bar		
Lounge & Game Room Mon, Tue- Thu	1630 - 2100	Holiday	1000-1800	Mon	1630-2000	
Wed	1630 - 2300	Child and Youth Serv	ices Branch	Tue-Sat ■ PX / CLASS 6	1630-2200	
Fri, Sat	1630 - 0100			Mon-Fri	0900-1730	
Sat Sun	1900 - 0100 Closed	■ ADMINISTRATIVE OFFI ■ Child & YS Coordinator	CE 263-5701 263-8086	Sat	1130-1530	
Restaurant (Closed)			£U3-0U0U	I		





Camp Zama Community Club

Tickets: \$7.95 After 13 October: \$9.95

Menu

Yakisoba * Kara Age Chicken * Sweet & Sour Pork • Fried Rice * Vegetable of the Day • Roll with Butter • Mini Salad Bar • Ice Cream Bar • Choux a la Cream • Custard Pudding • Brownie

BOSS DAY



LUNCHEON

Friday, 14 October 1100 - 1300

POC: 263-4547





28-29 OCTOBER 2005 (6-10 PM) at The Community Cultural Center

The Zama Youth Center, BOSS and Outdoor Recreation are coordinating a Haunted House of Terror guaranteed to get you into the spirit of Halloween.

The cost of admission is \$3 for ages 13 and above and \$1.50 for ages up to 12.



Call 263-4500 for detailed information, or check our web site at www.zamayouthcenter.org



***** THANKS TO OUR SPONSORS FOR SUPPORTING THIS EVENT. *****

TWO MAJOR DOOR PRIZE DRAWINGS

Thanks to our sponsors, Northwest Airlines and the Outrigger Hotel, for supporting one of Camp Zama's major golf events. One door prize is for two Northwest Airlines round trip economy class tickets to Hawaii.

A second major door prize is for a three night stay in the beautiful Outrigger Hotel located next to the beach in Guam.

The support of both of these sponsors is sincerely appreciated by MWR the golf course staff, and the Camp Zama community.



